



Catholic Charities
Providing Help. Creating Hope. Serving All.

Message From the Executive Director

Together, We're More Than Well Intended; We're a Welcoming Organization

Dear Friend of Catholic Charities:



Every day countless numbers of well-intended and vital non-profit organizations do their very best to serve and help people in great crisis and need. This geographic region of southern and central Indiana is truly blessed by these worthy institutions who are clearly dedicated to and effective in addressing hunger, housing, senior services, family and children services, adoption, immigration and refugee services and more. We here at Catholic Charities are deeply honored to count ourselves as partners and collaborators with many of these non-profits.

However, as Pope Francis reminds us, Catholic Charities is more than a non-profit organization; Catholic Charities is the "heart of the Church." We welcome those in need and work to develop new ways to help them. These are the characteristics of the way God's love communicates itself and becomes fruitful. So, we must be that arm of the "field hospital" which Pope Francis calls the Church. Undeterred to go out into the fray and be the healer of wounds and despair, bringing God's merciful love.



And this is why people who support, volunteer and work for Catholic Charities are called to move beyond "well-intended" and "stop-gap" actions that can only go so far. Due to the problems we face and embrace at Catholic Charities being so difficult, risky and sometimes prone to discouragement, we must be strong on the horizontal level of services. We must bring faith-filled professionals with creative solutions to the spiritual and materially poor. But as your Catholic Charities, we must also bring the vertical, transformative love of Christ, to those we meet. This integration of the horizontal and vertical, this cruciform movement, is the hallmark of Catholic Charities.

At Catholic Charities in the Archdiocese of Indianapolis, we are addressing the many, growing needs of the present within our many programs and services that serve southern and central Indiana, but keeping an eye on the future and the growing needs of the disenfranchised in the communities in our Archdiocese.

We are figuring out how we are going to get to a place where there are fewer gaps in services to the poor and more transformative encounters to help them improve their lives.

We are guided by the social doctrine of the Church: the **human dignity** that comes from being a child of God; service to **the common good**; with **solidarity** and **subsidiarity** for all. We follow the guidance and direction of our Archbishop, and our four core values of (1) **Serving the poor**, (2) **by Transforming lives**; (3) with the **Resources we gather** (4) in concert with our **Catholic Faith**. You can read about the implementation of these values and how all are welcomed in this newsletter and experience it in the hearts and services of our staff and volunteers. We are "Walking Together in Service" to those most in need. We welcome you to join us in this holy and noble work of bringing the mercy of God to those in need in the Archdiocese of Indianapolis.

In service to God through charity,

David J. Bethuram

David J. Bethuram
Executive Director
Secretariat for Catholic Charities
Archdiocese of Indianapolis

Values: Catholic Charities of the Archdiocese of Indianapolis

1. Following the teachings of Christ and imitating the Lord, we seek to enhance the lives of individuals and families and enrich their hope, faith, love and well-being.
 2. We live our mission and pursue our vision as an inclusive, community organization. Catholic Charities is welcoming in all of its dealings with people, with values firmly planted in the Catholic tradition.
 3. Respect for the human person means that we serve all people with the same high level of quality and in an all-inclusive, non-discriminatory manner. We embrace diversity and respect each individual and his/her personal beliefs.
 4. The persons and families we serve are central to the mission, and always come first. We serve people in the context of their whole lives rather than isolated situations.
 5. We act as a model of integrity. In all commitments, we do what we say we will do and say what we mean.
 6. We are always on the side of those who are poor and most vulnerable. Our commitment requires that we act in a trauma-informed way with compassion, human warmth and unquestioned ethical conduct.
 7. We maximize our capacity to provide direct service to our clients. We collaborate with other organizations to enhance the services we provide and deliver services beyond our capabilities.
 8. We respect and appreciate the gifts and talents of clients, employees, volunteers and the generosity of our donors which enables us to provide services.
 9. We are committed to the personal and professional growth of employees, and make a concerted effort to help employees continuously achieve and maintain high standards. Hard work, potential and effective performance is rewarded with further growth opportunity.
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Welcoming the Stranger Among Us: World Refugee Day Dinner 2017

World Refugee Day Dinner 2017 was an amazing night of celebration of our refugee neighbors in Indianapolis, full of delicious international food, artwork, clothing and music. With a sold-out venue of attendees representing a diverse range of cultures, faiths and backgrounds, it provided a space where Hoosiers could meet new people and learn more about refugees in our communities. With WRTV-6's Rafael Sanchez as emcee, the night was full of laughter and heartfelt stories from several of our former and current refugee clients. Mark your calendars for next year's WorldRefugee Day Dinner on June 20, 2018!



Catholic Charities Indianapolis Welcomes Staff to Individual, Couple and Family Counseling Program



Herman Arrivillaga, Bilingual Spanish School-Based Family Counselor

Herman is switching rolls a bit from last years' duties for Catholic Charities Indianapolis in our School Social Work program to a regular school counselor at Holy Cross Central and Holy Angels Catholic School. He left Holy Angels and is using the two days he served there as a Family Counselor at St. Anthony's, St. Philip Neri and Central Catholic. He brings 27 years of experience in education in the states of Texas, Oregon and now Indiana. He has worked with grades Pre-K to 12th and loves helping students and their families. He received his B.A. in Education from Southeastern Louisiana State University and his M.A. in Counseling and School Counseling from Dallas Baptist University. He has been married to his

lovely wife Victoria for 11 years and has a great Black Labrador Retriever who is his best four-legged friend. For leisure, he enjoys swimming in pools, lakes, rivers and oceans.

Beth Goodrich, MS, LMFT

Beth completed her Master of Science Degree in Marriage and Family Therapy from Butler University. She has worked with children, individuals, couples and families since 1996. Beth has worked extensively in the field of domestic violence, including training professionals on how to respond to adult and child victims. Beth also has facilitated groups for individuals and children impacted by cancer. Additional specialties for Beth include marital issues, grief, depression and anxiety.



Ramp Build Opens Doors

Seventy-four-year-old Ellie is a caregiver for her brother, who has Parkinson's, and her 93-year-old mother. All three have significant medical concerns, and all three live in separate homes. Ellie is exceedingly grateful for a 65-year-old Senior Companion who has assisted with her mother's care for the past two years, but the toll of years of ongoing caregiving leaves her feeling that she "hasn't had a life since 1969."

Ellie's mother is legally blind and has chronic pain in her hips and knees, and although she is mobile with assistance, getting in and out of her home was difficult and dangerous due to steep steps at both entrances. After having a serious fall on these steps, Ellie's brother had been unable to return for his own safety.

The Catholic Charities Indianapolis Caregiver Support Program collaborated with Holy Spirit Geist Ramp Ministry to build a 70-foot ramp at the mother's

home. The addition of the ramp removed a physical barrier that complicated caregiving and reduced visitability. Not only can Ellie, her mom, her brother, and the Senior Companion come and go more easily, the door is now open to safely welcome family, friends and neighbors of all abilities.

The Caregiver Support Program offers support groups, small-scale home modifications, ramp builds, and caregiver massage therapy, allowing caregivers to choose services that will best benefit their situation.



Refugees Find New Homes in Indiana

Please enjoy this video about refugees finding their new homes in Indiana:



Methods of Giving

We humbly welcome your support through:

Online Giving

Your financial assistance is crucial to the services we are able to provide to the community. Monthly or One-Time donations can be made online through the GIVE NOW button on our website - www.HelpCreateHope.org or can be mailed to

Valerie Sperka
Director of Development
Catholic Charities Indianapolis
1400 N Meridian Street
Indianapolis, IN 46202

In-Kind Donations

Do you have new or gently used items that you no longer need? Cleaning out closets or a home? Please consider donating items to Catholic Charities Indianapolis. Several of our programs utilize these items for clients. From clothing to furniture. For some of the needs of our programs, visit the website <http://www.archindy.org/cc/indianapolis/contributions.html> for a listing of items perhaps you could provide.

Smile.Amazon.com

Making online purchases through Amazon? Please go to Smile.Amazon.com instead of going directly to Amazon.com. When you make purchases through this site you can designate support to Catholic Charities Indianapolis. Then a percentage of your purchase price is donated to our organization.

Orders Sent Directly to our Program

You may also choose to support Holy Family Shelter or St. Elizabeth|Coleman through Smile.Amazon.com. Simply select your organization of choice! You can also check out their wish lists, purchase items and have them sent directly to the program. It's just that simple!

Volunteering

Looking for a way to get more involved? We could not do the work we do and serve the thousands of people we serve without the many hands and hearts of our volunteers! You can find out more about volunteer opportunities and contact information on our website

<http://www.archindy.org/cc/indianapolis/volunteers.html>

Planned Giving

Please contact Joanna Feltz at 317-236-1588 or jfeltz@archindy.org if you have questions or would like more information about making a planned gift to Catholic Charities Indianapolis. If you would like to attend a luncheon workshop to gain more information, please contact Valerie Sperka at 317-592-4072 or vsperka@archindy.org

Hurricane Harvey

In order to keep informed on issues regarding Hurricane Harvey, please check out our website at HelpCreateHope.org or catholiccharitiesusa.org

Please make checks payable to: Catholic Charities Indianapolis
P.O. Box 2126, Indianapolis, IN 46206-2126

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